On Friday 21 June, 53 NHS students travelled to Moruya for the Zone Athletics carnival. In cloudy, cool conditions Narooma High athletes turned in some outstanding performances. Age champions were Lilly Bennett 13G and Connor Griffiths 13B, and Maddie Czubara and Nathan Stever were runners-up in their respective age groups. Numerous medal placings were also gained and are as follows:

Lilly Bennett 1st 13G 100 m, 200m, HJ, Shotput 2nd LJ
Maddie Czubara 1st 17G HJ 2nd Shot, Discus, Jav, 3rd 800m
Jodie Symons 1st 17G LJ, Triple J
Jodie Brown 1st 14 G HJ
Kora Daley 1st 13G Discus
Geordie Poyner 2nd 13G 800m
Nicole Negus 2nd 16G 100m
Rochelle Mannix 3rd 16G 200m
Renee Hoare 2nd 17G 100m, 200m
Ellen Clarke 3rd 13G HJ
Maddy McCauley 3rd 15G 800m

Connor Griffiths 1st 13B 100m, 200m
Wade Mongta 1st 17B 100m, 200m, 800m 2nd LJ
Jared McMillan 1st 12B Discus 2nd Shotput
Oscar Zidelins 1st 13B Discus 3rd Shotput
Dylan Reid 1st 16B Shotput
Jesse Hawke 1st 17B HJ
Jackson Taylor 1st 12B Discus
Nathan Stever 2nd 12B 200m 3rd 100m
Blake Cavanagh 2nd 13B HJ
Josh Hunt 2nd 14B 1500m 3rd 800m
Jai Reed 2nd 13B Shotput, Jav
Teig Wilton 2nd 14B HJ
Jake Morris 3rd 14B 200m

All these athletes, plus the relay teams of 14B, 17B and 13G, have qualified for Regional athletics to be held in Canberra on Friday 2 August. We wish each of them good luck in their events at the South Coast carnival.

K. Preston

U15 AFL Report
On Tuesday 18th June Narooma High travelled to Hanging Rock oval, Batemans Bay to play the 2nd round of the statewide Swan Shield U15 AFL knockout competition. Up against a Bay side with State player Liam Nelson, the task was always going to be difficult with key players missing for NHS. After a slow start NHS came back into the game in the 2nd quarter to trail 4.2 (28) to 3.1 (19) at half time. A spirited 3rd quarter with the wind saw Narooma kick 5 goals to lead 8.1 (49) to 6.3 (39) at three-quarter time. Unfortunately they were unable to hold on with Batemans Bay running out winners 10.6 (66) to 9.1 (55).

Congratulations to the boys on a fantastic effort against the odds, nearly causing an upset. Best players were Clifford Taylor, Jai Reed, Liam Clothier, Michael Saly, Teig Wilton and the Hannebery twins, with 2 goals scored by Liam Clothier and Clifford Taylor and singles to Teig Wilton, Brock Lazzaro, Connor Griffiths, Seb Hannebery and Jackson Taylor.

K. Preston

Lawn Bowls Report
2013 NSW Combined High Schools Lawn Bowls Championships
Jay Breust – Narooma High – representing South Coast Region.
Early in June 2013, Jay participated in the CHS Singles and Pairs Lawn Bowls Championships.
Singles: Unfortunately, Jay played the ultimate winner of the Singles competition in the first round and was defeated 13-10. This made it difficult to achieve a finals position and subsequently Jay finished 24th out of 32 participants.
Pairs: Jay was partnered with another outstanding South Coast bowler, Dylan Skinner, from Keira High. The first game was against Hunter Region which Jay and Dylan won convincingly 16-8. The quarter finals saw the South Coast lads pitted against the South East Sydney team and again Jay and Dylan triumphed 18-6. The competition was ramping up with the semi final against the pair from North Sydney. Once more Jay and Dylan were winners, this time 13-8. The final match involved the South Coast versus the North Coast. In a tense game, Jay and Dylan were ultimately successful, 13-12 and are now the NSW Combined High Schools Lawn Bowls Pairs Champions 2013. Congratulations on a tremendous result!
M Beaver

ELECTIVE FEES
Elective subjects (such as Wood, Food Tech etc) offered at NHS attract a subject fee which is required to be paid to cover the cost of consumables used in these classes. At the time of subject selection both parents and students are made aware of the fee involved to undertake these subjects. There is currently $16,700 of outstanding elective fees. Parents are requested to make payment of any outstanding fees as this will benefit all students by ensuring these subjects can continue. Thank you.

UPCOMING EVENTS
Monday 22 July – Yr 12 Trials start
Thursday 25 July – Year 8 & Year 10 Parent Information Meeting
Year 8 – 6pm and Year 10 – 7.15pm

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St Vincent de Paul Society
WINTER CLOTHING APPEAL

This year the number of families needing crisis help at our local level has increased while donations of quality winter clothing have decreased. The St Vincent de Paul Society is hoping with your help we can do something about this!

We are very short of quality winter clothing and have had very few blankets available this season. As you may know we give your clothing to families and individuals in need and we also sell donated clothing through our Vinnies Retail Centres to fund the services we offer to give a hand up to those in a life crisis.

By donating your quality excess clothing you will be joining us in funding St Vincent de Paul services.

We would really appreciate you donating your excess winter clothing. Each good quality item you donate will help somebody in need.

When deciding if an item is good enough to donate the basic rule of thumb is this: Would you buy it?

The following are the items most needed at this time:
- Winter babies clothing
- Winter ladies dresses, skirts, blouses, long sleeve tops, track pants
- All sleepwear
- All men’s clothing except suit jackets
- Gloves, scarfs, thermals, shoes
- Jumpers (fleecey or woolen), jackets, coats
- Blankets, doonas and bed linen

Services run by the Society within our region include:
- Homeless support and accommodation programs
- Youth support and camps
- Mental health support and accommodation programs
- Education programs including energy efficiency
- Home visitation and emergency relief

Your quality winter donation will help us to continue with our services, vision and mission!

Safe School Travel Tips

- Always slow to 40km/h when travelling in an operating school zone.
- Always obey parking signs as these signs help save children’s lives.
- Always drop-off and pick-up your children from your school’s designated area, following your school’s road safety procedures with care and courtesy.