OPEN AND U/15’S ZONE NETBALL 2014
Zone netball was held in Bega on Tuesday 27 May.
We had eight U/15 girls attend which included: Megan Rutherford, Zoe Holdsworth, Georgia MacDonald, Georgie Brown, Chloe Bobbin, Samantha Hearn, Jessica Doyle and Chanelle Doyle. The girls played extremely well on the day, placing 3rd out of six teams. The girls had two wins against Moruya and Bombala. We also had nine participate in open girls. They included: Melanie Miller, Katelin Donovan, Emma Croser, Shelbie Sunderland, Samantha Sly, Madelyne Czubara, Crystal Czubara, Meg Gill and Brittany Newman. They placed 6th out of 7 schools, with a win against Monaro.
I would like to thank the Year 12’s in the team- Maddy Czubara and Meg Gill for their commitment, support and contribution to Narooma High School netball over many years. We wish them all the best for the future.
I would also like to thank Meg Gill and Melanie Miller for their efforts in umpiring the U/15s this year at the zone carnival.

Mrs Café

REGIONAL CROSS COUNTRY
On Friday 30 May, James Hurley and Georgia Poyner represented Eurobodalla Zone at the South Coast regional cross country championships at Nowra. Both ran really well finishing 17th and 16th respectively in the age divisions. Congratulations on a great effort.

K Preston

NSW AFL CHAMPIONSHIPS
During week 6 of this term six NHS boys represented South Coast in the U15 AFL state championships in Wagga. Liam Clothier, Jai Reed, Teig Wilton, Blake Cavanagh, Jeremy Sly and Will Hodge all donned the blue and gold of South Coast for three days of football against the best AFL players in NSW. All the boys acquitted themselves well with South Coast finishing equal 7th after a win and a draw on the final day. Congratulations to all on achieving such a high standard of representation.

K Preston

PARENT PORTAL - REPORTING ABSENCES
Parents who have accessed the Parent Portal to book interviews with teachers will have noticed that your students’ unexplained absences will appear if you click on the ‘Absences’ button. Tick beside the absence then click on ‘explain absence’. Please keep explanations brief (eg. sick, dentist appointment etc.) This will then update your students’ attendance record and you will no longer need to provide a note to the school explaining the absence.
By updating your students’ absences regularly through the Parent Portal you will no longer receive letters home. We encourage all parents to use the Parent Portal as this will help to streamline attendance administration and reduce printing.

NHS UNIFORM SHOP
Stitches of Batemans Bay run a uniform shop at Narooma High School which operates on: Mondays 8.30-11.30am and Thursdays 12.30-2.00pm.
Any queries regarding your uniform needs can be directed to Donna, Diane or Margrit at Stitches Batemans Bay phone 4472 9076.

TEEN TIME PROGRAMME
Workability facilitators are keen to establish a “Teen Time” program in Narooma. WorkAble Teen Time operates after school during term time and for nine weeks of the school holiday periods. It offers secondary students (12-18 years) who have a disability an opportunity to participate in leisure activities and also receive help with homework. The program allows parents and caregivers to meet commitments outside of the caring role, such as pursuing work or study. Brochures with more detailed information (such as eligibility, costs/concessions) are available at the front office. Teen Time will only proceed in Narooma if there is an established level of interest. Reply slips indicating your interest are available from the front office.

UPCOMING EVENTS
Monday 16 – Friday 27 June
Year 10 Work Experience

Friday 20 June
Formal Assembly

Thursday 17 July
Year 8 to 9 (2015) 7.15pm
Year 10 to 11 (2015) 7.30pm
Parent Information evening
Merit Awards ~ June 2014

BRONZE
Year 7 ~ Rhma Agius, Shona Allison, Emma Arnold, Reid Battye, Rheanin Booth, Connor Breust, Samantha Burns, Charlize Butcher, Cecilia Colom-Davis x2, Kim Ellison, Jessica Everson, William Francis, Zoe Holdsworth, Ian Hoskins, James Hurley, Marcus Lonsdale-Patten, Chenoa Lyons-Monga, Andrew Madden, Kaleb Moritz, Jacinda Norris, Bradley O’Sullivan, Luka Potts, Liam Russell, Megan Rutherford, Ryan Shaw, Rory Spurgeon, Liam Sweeney x2, Stephanie Taylor, Keira Thompson, Mariah Tiedt, Blake Zideluns.


Year 9 ~ Sarah Alderton, Blair Ashworth, Grace Barker, Julie Brown, Lilly Burgess, Tayla Butcher, Scarlet Carr, Blake Cavanagh, Liam Clothier x2, Finlay Dibden x2, Jane Francis, William Hodge x2, Brock Lazzaro, Nakita Mikolic, Jai Reed x2, Hayden Ryan, Sarah Schaefer, Lucy Sheridan-Gimmel, Abby Stokes, Sheltie Sunderland, Ryan Sweeney x2, Ziggy Topic, Teig Wilton x2, Oscar Zideluns.


Year 11 ~ Rhyleigh Callaghan, Sean Cavanagh, Madeline Homan, Maddison Ker, Renee Lavis, Shania O'Dwyer, Niracha Phooluamkham, Ruby Roberts, Tiffany Rose, Matilda Trendall.


SILVER
Year 7 ~ Shona Allison, Emma Arnold, Reid Battye, Connor Breust, Samantha Burns, Cecilia Colom-Davis, Kim Ellison, Jessica Everson, Zoe Holdsworth, Chenoa Lyons-Monga, Jacinda Norris, Luka Potts, Liam Russell, Megan Rutherford, Ryan Shaw, Rory Spurgeon, Liam Sweeney, Stephanie Taylor, Keira Thompson.


Year 9 ~ Sarah Alderton, Liam Clothier, Finlay Dibden, William Hodge, Jai Reed, Lucy Sheridan-Gimmel, Abby Stokes, Ryan Sweeney, Teig Wilton.

Year 10 ~ Niamh Armstrong, Keely Clark, Crystal Czubara, Annelise Hine, Kaitlin Hunter, Sabine Kildea, Raquel Lagana, Chloe Nicholson, Bymee Parsons, Ashley Walpole.

Year 11 ~ Sean Cavanagh, Max Carter, Isabel Sheridan-Gimmel.

GOLD
Year 8 ~ Taleha Ardler, Ammon Beard, Angela Gschwend, Jackson Kelly, Zac Martin, Jeremy Sly, Jackson Taylor.

Year 9 ~ Finlay Dibden, Lucy Sheridan-Gimmel, Teig Wilton.

Year 10 ~ Crystal Czubara, Sabine Kildea.

Year 12 ~ Max Carter.

Free Community Education Presentation
"Navigating Teenage Depression" Presented by the Black Dog Institute:
The presentation will cover -
- What is depression?
- What is bipolar disorder?
- How to spot early warning signs
- Understanding the risk factors
- How to build resilience
- What to do

This one-hour presentation is delivered by a trained presenter who has a personal experience of a mood disorder or of caring for a loved one. It is suitable for parents, teachers and people who work with young people. Topics include signs and symptoms of depression and bipolar disorder, how to spot early warning signs in young people, when and where to seek help, how to support a young person you care about and how to build resilience.

WHERE: School Library WHEN: Monday 21st July 2014, 5pm - 6pm
To register your attendance: contact the front office 4476 4377